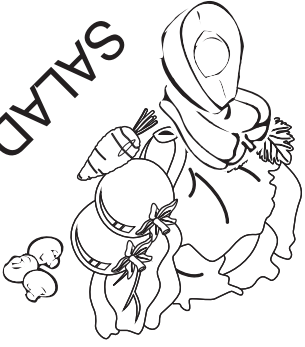
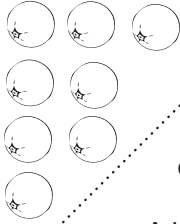


SALAD



8 Oranges



Q. True or false:

A banana is really a herb?

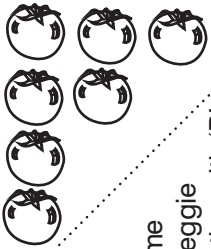


1 Capsicum

Q. How many serves of fruit and veggie should you eat each day?



7 Tomatoes



Q. Name a veggie starting with 'B'.

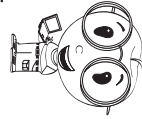
A. True



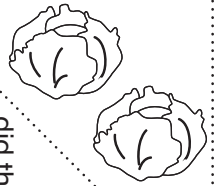
A. Beans, Bok Choy, Broccoli, Brussels Sprouts. Can you think of anymore?

A. 2 serves of fruit and 5 serves of veggies

A. I've got you covered

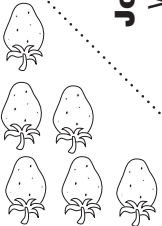


2 Lettuces



Joke What did the apple skin say to the apple?

Joke Why did the grape stop in the middle of the road?



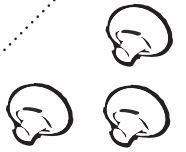
6 Strawberries

A. Because he ran out of juice.



A. Passionfruit, Peach, Pear, Plums, Pineapple. Can you think of any more?

Q. Which of these is a veggie?
a) Eggplant
b) Bean
c) Tomato



3 Mushrooms

A. Bean

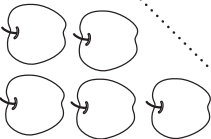


A. Squash



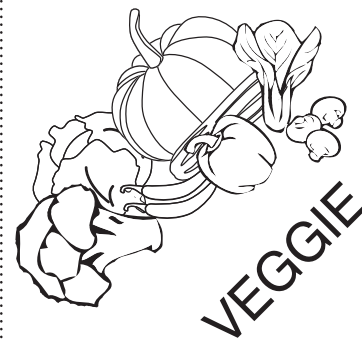
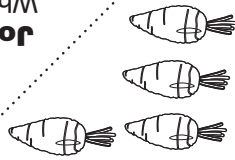
Q. Name a fruit starting with 'P'.

5 Apples



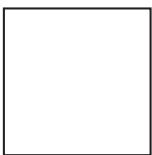
Joke Which veggie plays sport?

4 Carrots

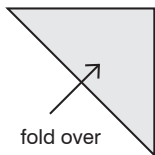


VEGGIE

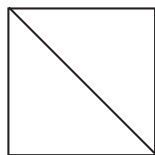
FRUIT



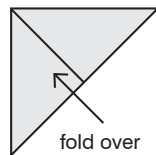
cut out



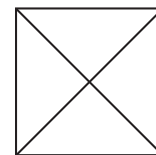
fold over



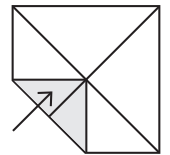
unfold



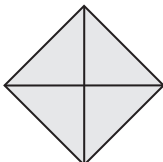
fold over



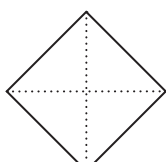
unfold



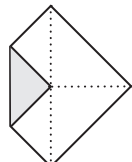
fold all 4 corners



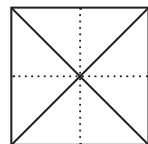
looks like this



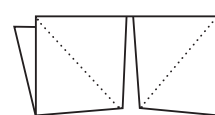
turn it over



fold corners over



looks like this



fold in half

