

# Make your own Wiggle-Out Worm

Munch, crunch—apples taste SO good!

Now you can wiggle and giggle your way through a finger-puppet apple.  
Your finger is the squirmy worm!



1. Draw an apple - bigger than your hand - on some cardboard.
2. Draw on a stem and some leaves
3. Colour in your apple with pencils, crayon or paint - green, red, yellow, or lots of different colours.
4. Cut a finger-sized hole in your apple.  
*Poke your finger through the hole. Wiggle it to make it look like a worm.  
Are you hungry for an apple yet?*